



# helen zink

ITCA Snr (EMCC), EIA Snr (EMCC), PCC (ICF), MSc(psych), MBA, BMS(hons), CA  
growth cultivator | leadership coach | team coach  
budding academic & author  
grow to be limited

## Who am I?

I cultivate leaders and teams to be the best they can be with an authentic, contemporary, lively and trusting style. My strengths include curiosity, creativity, positivity, and a deep growth mindset.

I have significant business knowledge, international professional qualifications, credentials and associations, and diverse life experience. My previous experience includes a corporate career spanning 20 years within large multinationals in New Zealand and globally. Corporate roles include strategic and commercial business partnering, change management, consulting, commercial and financial management, and people leadership. I also have a decade of experience in senior leadership team roles. I also teach team coaching, and am current faculty with the Global Team Coaching Institute (GTCI). In addition I am a Director of the Australasian chapter of the International Coach Federation (ICF) and give back to the community through pro-bono work. And I am also a budding author and speaker in the field of team coaching, combining theory and practice and sharing experience with others. I cultivate leaders and teams, growing them to be the best they can be.

## What do I do?

I do my best work when I partner with clients who are professionals and their teams, and middle/senior managers and their teams.

Everything I do is tailored to client's specific needs. No cookie cutters! I support clients with:

- Leadership development & coaching
- Team development & coaching
- Strengths profiling & positive psychology application



## What do clients say?

"Helen has been working with me and the team I lead. Our collective self-awareness and self-improvement, has grown significantly, resulting in increased accountability, collective decision making and ultimately improved outcomes. Helen's work included many tools and well tested management models and she helped us apply our learning to real world execution. We have all become better leaders as a result, both individually and collectively as a team."

**Gary Connolly, Deputy Chief Executive Finance & Business Insights, St John**

"Helen is a multi-skilled, high energy, and people-centred leader. Helen supported my team with a change project to strengthen our department culture. Helen's insights, creativity and drive made a positive impact on me, our departmental lead team and wider staff. She developed communications strategies and content and also provided appropriately framed mentoring and support to people involved. Her range of skills and experience adds real value to any team environment. If you get a chance to work with Helen - take it!"

**Graham Bodman, General Manager Operations, Auckland Council**

## Why me?

### My professional qualifications include

Masters in Science (MSc) Coaching Psychology  
Masters in Business Administration (MBA)  
Bachelor of Management Studies (BMS(hons))  
Chartered Accountant (CA)

### My credentials include



### My professional associations include



**Grow to be  
the best  
you can be...**

## What next?

Contact me for a no obligation chat about your/your teams potential growth story

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