## **Team Growth Coaching**

#### What is it?

It's Team growth coaching is about high performing teamwork. It involves collective awareness and connections within your team and with stakeholders.

It's about building team resilience to help navigate our VUCA\* environment.

It means working on how you work together and reducing silos. It involves realising the power of your collective capacity and capability, rather than focusing on individual expertise and delivery.



#### Who will benefit?

All senior and middle leadership teams wanting to grow and improve.

Teams going through change and working in VUCA\* environments.

Agile, virtual, new, or established teams all benefit.

#### What's the benefit?

Collaborative leadership, dealing with change and uncertainty, better decision making, reduced silo's, conflict resolution, improved strategic thinking and problem solving, maximising strengths, stronger relationships with each other, staff and stakeholders, improved wellbeing and resilience, better value for stakeholders and more.

\*VUCA = volatile, unpredictable, complex, ambiguous

# High Performing Teams are like apple trees

To produce quality apples all 7 areas are required!

### What clients say?

It enabled us to have the conversations we need to have together, and ultimately this helps us collaborate and better deliver what we need to deliver.

Alan, senior leader.

It was a complete reengineer of how we operate as a team, as leaders, as a system, and as people, and it took consistent, continual investment. It was very challenging, but it was worth it.

Gary, senior executive.

#### How does it work?

Team growth coaching is tailored to your environment. We begin with a needs assessment, like a soil test. Imagine your team is an apple tree. It's about how the roots, trunk, branches and canopy work together to grow the perfect apples needed to meet market and other stakeholder needs.

Think of team growth coaching as water, fertiliser and

sunshine. I'm cultivator, providing just the right amounts at the right time, tailored to your specific environmental conditions. By using a flexible and bespoke approach, I help you focus on what's important for your team - no grafts! I might suggest a series of half day team sessions over a 6 to 12-month period to support movement towards your goals. We'll experiment with tools and techniques, building new habits and ways of working.

We might end by reflecting on progress made, how change will be embedded, and identify any further adjustments required.

4. Internal processes, systems & structure
Clear roles, 3. pectations accountability

2. Purpose
Clear common goals

5. Learning
Collective
Continuous
Improvement &
growth

3. Relationships
Psychological
safe y, tri st &
dep and, litty

Quality reputation &
performance

C) Helen Zink, 2022. Modified from PERILL, David Clutterbuck 2019

What next?

Contact me for a no obligation about

What next? Contact me for a no obligation chat about your team growth story.

helen zink

