### **Team Coaching in Action!**

8 December 2021

Helen Zink
with special guests Tammy Turner
& the Team Leader





ACC, MSc, MBA, BMS (hons), CA

growth cultivator | leadership coach | team coach consultant | director | author | speaker

grow to be limited



# Team coaching

**Supervision** perspective

What makes it more challenging than one:one coaching?

What are at the rewards, common traps, and emotions involved?

What does team coaching feel like in action?

In action

Through the lens of a real case study.

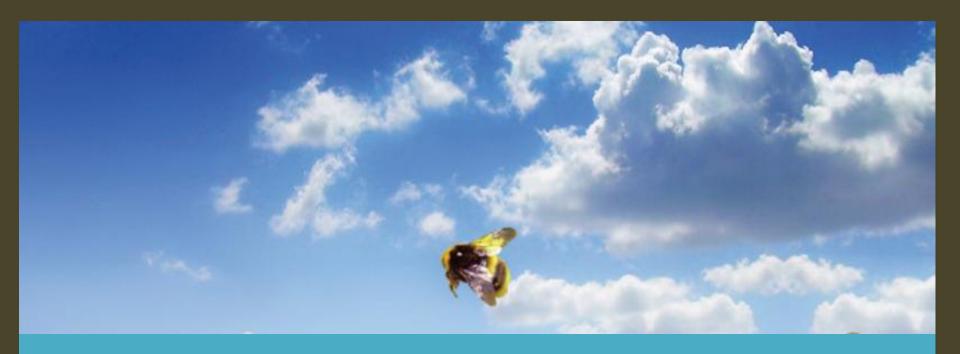
Supervision insight on this case.

Global trends in team coaching supervision.

"Teams are a crucial part of working life, and they can also be a source of challenges, frustrations and opportunities."



## One:one coaching



"The art of facilitating the development, learning and performance of another"

Downey, M. (2003) Effective Coaching: Lessons from the Coach's Coach

## Systemic team coaching



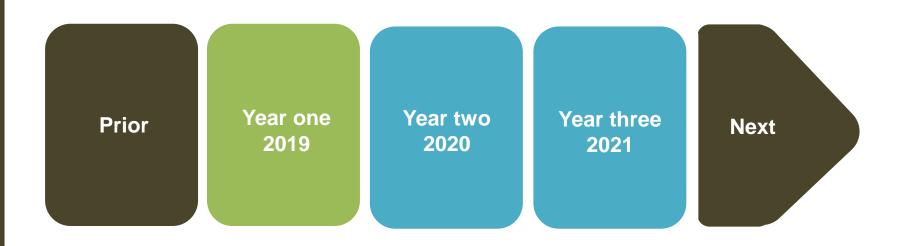
## Systemic team coaching



"Process that enables an organised group of people the opportunity to experience how to learn together through honest dialogue and consistent reflection to enhance themselves and the system"

## The case

## The team journey





### The organisation

Hierarchical Top down leadership Siloed



#### The team

Newly created following restructure All new to new roles Varying degrees of leadership experience Varying levels of technical experience



#### The team context

A lot of system & process change at the same time Heavy recruitment activity following restructure Delivery issues Reputation with stakeholders poor Little focus on staff development



#### The leader

In role 4 years
Technical expert
Top down style & hands on
Committed to investing in team
development



## The team development approach

Goal = High Performing Team
Team development plan created by
coach
Monthly team development days &
day-to-day interaction
Mixture of interventions – facilitation,
teaching, team coaching



#### The team coach

New role and new to organisation Role not well defined "an experiment" Part of the team being coached Many other aspects to role as well At start of team coaching career Team coaching training underway Regular supervision

### Good

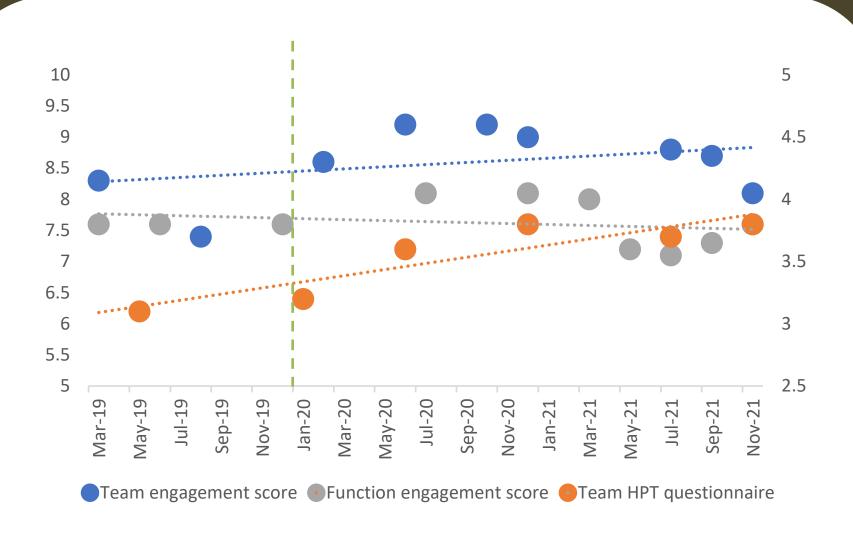
### Challenging

What are some of the good aspects of this case?

What could some of the challenges be?

## Outcome

## Tangible measures – KPI's



## Learning

### Good

First hand understanding of system

Good judgement with interventions

High levels of trust

"Stickability"

Align leader

Role model

### Challenging

Role clarity

Leadership vacuum trap

**Dual role** 

**Mitigation**Contracting





### Unexpected

Leader not expecting to change

Team members not regulating each other

Unclear roles

Coach responsible for development

**Mitigation** Supervision





### Reflections of coach



### Challenges

Client is the team

Coach is part of the system

Complex & ambiguous

Relationships

Responsibility

### Rewards

Huge!

Bigger impact

Learn a lot

Better one:one coach & consultant

### **Emotions**

It's hard

Can be lonely

Highs & lows



Team coaching core standards
Selfcare & resilience

## Supervision

## Supervision

"Professional supervision is a reflective learning environment where the supervisor is hired by the supervisee and is specifically qualified to look at the **entire system** in which the work is being undertaken. Although the reflective space is co-created, the professional supervisor is purposefully **of service to the supervisee and their clients and the wider system**.

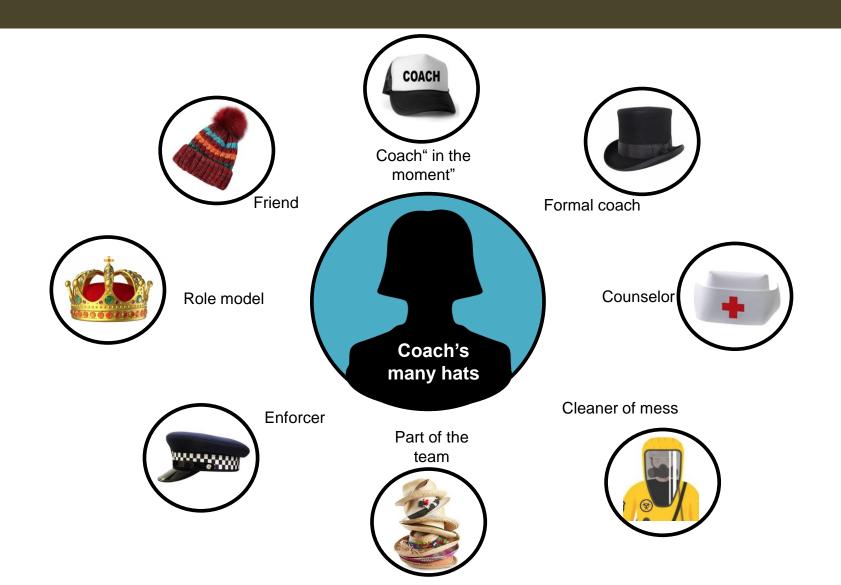
What is significant is that the supervisor's intention is to develop the practitioner's competence, capability and capacity to become a reflective practitioner of their own work"



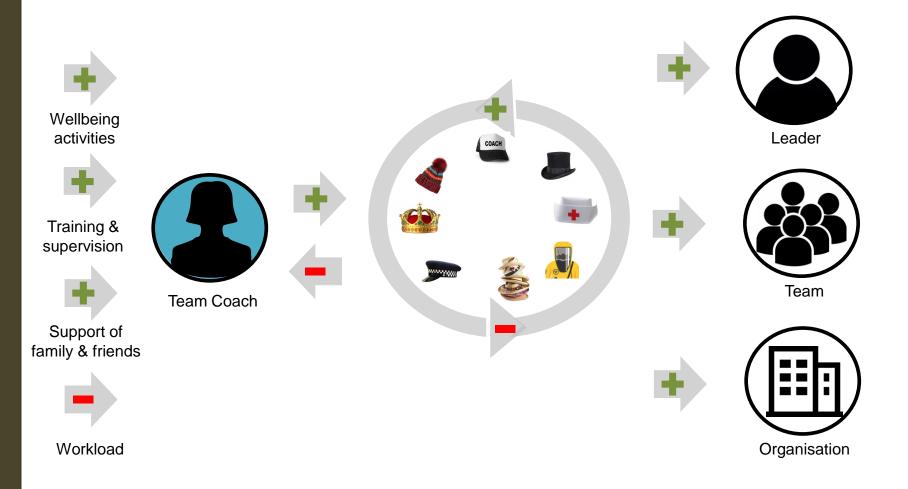
## Supervision – this case



## Roles



## **Energy system**



## **Supervision trends**

### **Developing profession**

Team coaching & professional standards

#### **Roles**

Role clarity and contracting

### Co-coaching

Partnering with other coaches

#### Reflective practice

Peer supervision & community of practice

### Facilitation versus coaching

When and why important

#### **Stakeholders**

Working with multiple stakeholders in the system at the same time



### The Team Coaching Casebook

David Clutterbuck, Tammy Turner and Colm Murphy



Explores the breadth of approaches available throughout a team coaching engagement narrated through case studies and editorial commentary. Includes 23 cases from across the globe.

### Available from 22 December 2021

Amazon UK: www.amazon.co.uk/Team-Coaching-Casebook

McGraw-Hill: www.mheducation.co.uk/the-teamcoaching-casebook

## Virtual Team Coaching Training

Aims to ensure competency and confidence in extending coaching approaches to helping teams become more effective and develop the capability to coach themselves.

The context is teams in the workplace, with particular emphasis on executive teams and project teams, although the tools, techniques and theory also apply to other forms of team.



#### PROGRAM INFORMATION

Begins 23 FEBRUARY

#### **WEDNESDAYS:**

23<sup>rd</sup> February, 9th & 23rd March 6th April 11 & 25th May 8th June

4PM - 7PM (Sydney time - AEDT)

#### **ICF EARLY BIRD RATE\***

AUD \$3,432inc GST - Australian residents USD\$3,120\* no GST - Non-Australian residents

\*Expires 14th January 2022





#### **FURTHER INFORMATION**

hello@turner.international - https://www.turner.international/practitioner



### Contact



growth cultivator | leadership coach | team coach consultant | director | author | speaker

grow to be limited

helen@growtobe.co.nz +64 21 555456 www.growtobe.co.nz

All 10 video's relating to this case www.growtobe.co.nz/resources



hello@turner.international +61 02 9121 6288 www.turner.international

Team coaching training and supervision information