



helen zink

ACC, MSc, MBA, BMS (hons), CA

growth coach | leadership coach | team coach
change manager | consultant | director (ICF)
author | speaker

positive growth consulting ltd

Who am I?

My goal is to grow leaders, teams and businesses to be the best they can be. I bring significant business knowledge, international professional qualifications credentials and associations and diverse life experience. I also teach team coaching and I am budding author and speaker. My experience includes a corporate career spanning 20 years working within large multinationals in New Zealand, United Kingdom, Australia and Europe. Corporate roles include strategic and commercial business partnering, change management, consulting, commercial and financial management, and people leadership. I also have a decade of experience in senior leadership teams and people leadership. Now I help leaders and teams grow to be the best they can be. I have been there, I have been you!

What I do?

I do my best work when I partner with professionals and their teams, and middle/senior managers and their teams. I have been there. I have been you!

I help you with:

- Leadership development & coaching
- Team development & coaching
- Change development & coaching
- Wellbeing and performance development - applied positive psychology
- Strengths profiling
- Consulting

What is the benefit?

“Over the last year Helen has been working with the team I lead in a facilitation and team coaching capacity. During this time our collective self-awareness and self-improvement, improved significantly, resulting in increased accountability, collective decision making and ultimately improved outcomes. Helen worked with us using many tools and well tested management models and helped us apply our learning to real world execution. We have all become better leaders as a result, both individually and collectively as a team.”

Gary Connolly, Deputy Chief Executive Finance and Business Insights, St John

Why me?

My professional qualifications include:
Masters in Science (MSc) Coaching Psychology
Masters in Business Administration (MBA)
Bachelor of Management Studies (BMS(hons))
Chartered Accountant (CA)

My credentials include:



My professional associations include:



I also teach team coaching with the Global Team Coaching Institute (GTCI), I am a Director of the Australasian chapter of the International Coach Federation and give back to the community through pro-bono work. I am also a budding author and speaker.



Some organisations I work with



What next?

Contact me for a no obligation chat about how I can help you grow

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